



DEDICATION:

In gratitude this resource is dedicated to Aboriginal and Torres Strait Island Women and the impact that their generosity has had on our society, culture, and country.

May we follow the example of our Elders in the spirit of inclusivity, generosity, and investment into our future generations.



Wealth for Purpose



Gida Jilanda! (Good Day)

Through the support of Indigenous Business Australia, we are excited to be offering this strengthsbased initiative to women, to help YOU get your finances in order.

The truth is, many of us have had little experience in managing money or creating wealth. Our parents and grandparents grew up on missions during a time when forced free labour was the norm, and our old people worked in exchange for food and clothing rations. So, dealing with money and trying to understand financial matters, can be a really confronting topic, for even our most capable women.

Learning about finances must start with us, so we can create generational change, not just for our children and grandchildren, but for our whole community.

I believe that wealth in the hands of an Aboriginal woman can drive transformation for herself, her household, her family, and her community, because women invest money differently. Now is the time to foster Aboriginal wealth creation, for doing so will forge social and economic transformation for generations to come.

So let us be the relatable role models that women in our community choose to follow!!

For each participant of this program, we need you to share the Wealth for Purpose journey with two more Aboriginal women – they can be your friend, sister, aunty – whoever you want so we support more Aboriginal women in gaining knowledge about how we can create wealth.

Our goal is a Wealth for Purpose Plan for each participant. This financial plan will set out your personal current finances and asset base, financial goals, and wealth-generating strategies to achieve these goals and ultimately your financial wellbeing. Use this deadly workbook to help keep you on track!

All the very best on your journey of financial well-being.

Walilu,

Natasha Short

Nyawurru, Jaru Ngarringga Managing Director Kimberley Jiyigas (Birds)



MEET YOUR GUIDE:





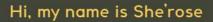


SHE'ROSE

Strength Empowermer Advocacy



She'rose was created in the Ngarranggarni/ the Dreamtime by the all-powerful Nuboo/ Creator Spirit



I am a Nangari skinned ngaringga/ woman from the Kimberley.

My people have walked our ngurra/ country since the Ngarranggarni/ the beginning of time.

The power of Nuboo/ Creator Spirit, has enabled me to help my people, especially against the works of Mamu/ evil spirit. My weapons are my Mirda/ shield and my Ginimiliny/ Spear.

But I only guli/ fight the good fight! I use my powers to stand up for the right things!



She'rose wears wristbands and anklets that connect her to the ancient Aboriginal circular economy and give her power to help her people walk in present-day economic systems. Through the help of Nuboo, I help people see into the future, and be prepared for changes. Maintaining Winan- our ancient Aboriginal circular economy, I help people to reconcile our ancient trade and gifting system, with present day western economic structures.

I help women to create 'Wealth for Purpose', so we can reinvest back into our families and people.

My special interests are to help women grow stronger and to defend children. I also care for Ngurra and care for community.

Take care my Jali/ friend! I am so happy you are joining me in my mission to create Wealth for Purpose in the lives of Aboriginal Women throughout the Kimberley.

She'rose's main responsibilities are to care for country, defend the truth, protect children and elevate women. One of Sher'ose's superpowers is to champion and support women in their career & workforce pathways, leadership growth, and business development. She'rose has strong personal, emotional, spiritual, and financial well-being which sustains her in the assignments Nuboo has given her to carry out.







Complete the following sentences

Write the first thing that comes to your mind when you read the following sentence starters. This will help you identify your current Money Mindset.

Write your o	inswer here
	ne grew up in a household where there wasn't much w might they react to getting a large sum of money'
Write your o	inswer here
	ne grew up in a household where there was lots of w might they react to getting a large sum of money'
Write your o	inswer here
4. I find sav	ing money
Write your o	inswer here
5. My finan	cial future is
Write your o	inswer here
6. I find spe	nding money
Write your o	inswer here

Introduction to Wealth Creation





1

Start Small, Grow Steady # 2

There is Wisdom in Sharing

3

Be Diverse & Balanced

4

Be Patient as the Seasons # 5

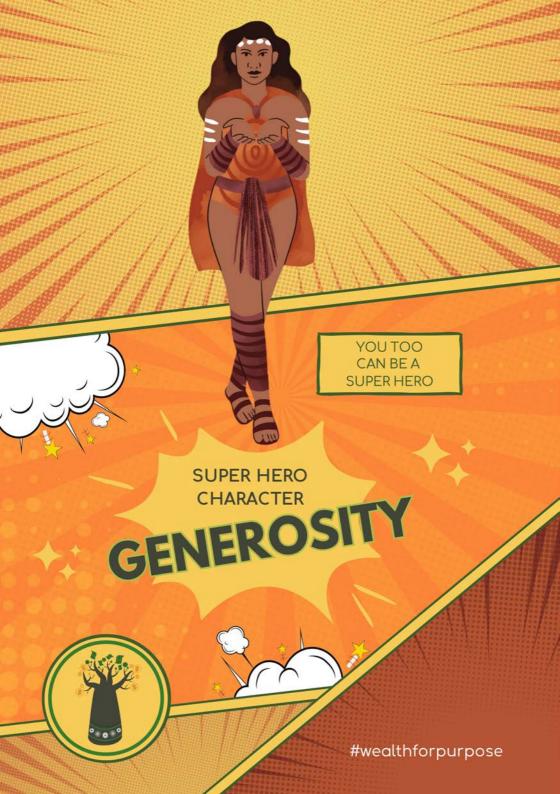
Keep Learning, Keep Growing

Creating wealth is like weaving a strong net. Just as your ancestors crafted nets to catch fish, creating wealth empowers Indigenous women to catch opportunities and dreams.

This net, when strong, supports not just one, but many.

When Indigenous women create wealth, it's like the river flowing through country.

It not only brings sustenance but also shapes the land.







Introduction to Wealth Creation

Notes

Day:	
Date &	Month

140663	Date & Month:





Managing my Money



MANAGING UTILITY BILLS

1

Use Energy-Efficient Appliances # 2

Conserve Water # 3

Comparison Shop for Providers & Bundle Services # 4

Monitor Usage

TOP TIPS FOR INTEREST FREE CREDIT

1

Pay on Time

2

Understand the Terms #3

Budget for Repayments

#4

Avoid New Purchases

5

Keep Track of Expiry # 6

Stay on top of Payments # 7

High Interest Outside Interest Free Period # 8

Read the Fine Print

KEEP YOUR CREDIT REPORT LOOKING GOOD BY:

- * Paying Bills on Time * Limiting Credit Applications
- * Monitoring Your Credit Report * Maintaining Low Credit Utilisation * Building a Positive Credit History



1

Create a Budget

Track Your Expenses

2

Set Financial Goals

> Compare Prices

#3

Prioritise Saving

Start an Emergency Fund

4

Limit Debt

Get rid of Unnecessary Expenses

5

Invest Wisely

6

Stay Informed

Taking DAILY ACTION to manage your money well will enable you to have a clear understanding of your money INFLOW and OUTFLOW.



Notes

Day:

140403	Date & Month:





Tax Matters



13 10 30 or 1800 136 380

Centrelink 1300 169 468

Centrelink Self-Service 13 62 40

Family Tax Benefit Information 13 61 50

PERSONAL Tax Checklist

Nº	INCOME	Ø	
1	PAYG Payment Summary/s from your employer/s or super fund		
2	Centrelink Payment Summary/s		
3	Interest received - bank accounts or term deposits		
4	Eligible Termination Payments or Long Service Leave Payments		
5	Rental property Income		
6	Investment income - dividend statements, managed fund statements, foreign income, trust distribution income		
7	Details of sale of Investment assets such as shares and rental properties		

trame you were.

PERSONAL Lesson 3 Tax Checklist



Nº	EXPENSE	Ø
1	Clothing/uniform costs {dry cleaning, uniform purchases or alterations)	
2	Protective clothing (work boots, overalls, aprons, masks, gloves)	
3	Donations	
4	Education costs related to your work activities (course fees, textbooks, stationery, etc)	
5	Conferences/seminar costs (fees, travel, accommodation)	
6	Income protection insurance	
7	Professional association fees or subscriptions	
8	Sun protection (sunscreen, hats, sunglasses)	
9	Tools and equipment	
10	Stationery, postage, printing	
11	Telephone/Mobile	
12	Internet	
13	Union fees	
14	Travel costs related to your work activities	
15	Rental property expenses	
16	Motor Vehicle - if used for work purposes - (insurance, registration, repairs, petrol, services, tyres, log book)	
17	Personal after tax superannuation contributions (Name of fund, member number, date and amounts of pavments)	
	OTHER	S
1	Private Health Fund Statement	
2	Your partners taxable income	
3	Names and Dates of Birth of dependent children	

BUSINESS Tax Checklist Lesson 3

Nº	TO DO	Ø
1	Backup of accounting file and password (if applicable).	
2	Bank statements for financial year (1 July xx - 30 June xx) including cheque/trading account, loan accounts	
3	Cheque books	
4	Copies of any leases or hire purchase documents	
5	Stock on hand as at last day of financial year	
6	Work in progress at end of financial year	
7	Dates and amounts of any assets bought/ sold/ traded in	
8	Motor Vehicle log books	
9	Copies of employee Payment Summaries	
10	Copies of Business Activity Statements (if prepared by yourself)	
11	Workers Compensation Renewal Forms	
12	List of nights spent away and locations for travel relating to work or attending a conference	
13	Tax File Number and ABN	
14	Copy of last year tax return/s and financial statements	
15	Details of accountant (name, address, phone, email)	
16		
17		
18		
19		
20		

Lesson 3 Tax Matters





To check you are getting paid the correct amounthttps://calculate.fairwork.gov.au/findyouraward

Nominating your super fund to your employerhttps://www.ato.gov.au/assets/0/104/2244/2335/4bc28d38-2cdf-4030-afd4-53efa74e51e4.pdf

For more information on Tax file number declarationshttps://www.ato.gov.au/Forms/TFN-declaration/

To complete your Tax file number Declaration onlinehttps://www.ato.gov.au/Forms/TFN-declaration/? anchor=Easierwaytodothis#Easierwaytodothis

For more information on HECS debtshttps://itp.com.au/hecs-help-debt/

For more information on Family Tax Benefithttps://www.servicesaustralia.gov.au/family-tax-benefit

Child Support and your taxeshttps://www.servicesaustralia.gov.au/child-supportassessment

trans you way

Notes

Day:

140163	Date & Month:





term plans over the little pleasures that eat away at my finances."

by investing now in things that will provide for the future."





How much you'll be able to borrow will ultimately depend on your income, commitments, & expenses.

Here's what you can do to prepare for buying your own home...

Increase Your

Reduce Your Expenses Reduce Debt

Lower Your

Credit Card Limits

Make a savings plan and maintain regular savings for at least 6 months

Try to save the equivalent of your proposed loan repayments, rates, insurance (less any rent or board you currently pay)



MORE HOME LOAN INFORMATION:

https://moneysmart.gov.au/home-loans

Property Matters

Questions



- 1. Has anyone in my family ever owned their own property?
- 2. What would owning my own home mean for me, and the legacy that I leave behind for my family?
- 3. Is the amount I pay in rent that different than the amount I could be paying towards my own investment?
- 4. Why might I be afraid to own my own home?
- 5. What's the next step need to take to prepare my finances to buy my own property?



Property Matters

Notes

Day:	
------	--

Date & Month:

N	





"I GROW WEALTH SO...
I can experience and share more joy."

"When I have stable finances I can experience more joy and peace in my life."

"I dance because I am resourced to achieve my own deep purpose and meaning." "I care for mob by nurturing my own joy."

Superannuation



Where is my per Fund ???	2	3
Name of Superfund		
My Account Number		
My Super Balance \$		
How is it Invested?		
Is there on- line access?		

Name of Superfund	Insurance Type	Sum Insured	Premium cost?	
			is the	Protect me my family, ere
			Insur attaci	ance
			Insur attaci	ana



If you have a MyGov account, you can add the Australian Tax Office (ATO) as a Service where you can find a list of your superfunds as per the ATO's records.



Lesson 5 ... continued

Superannuation

Questions

For my particular circumstances, is the above insurance cover I have enough?



_ If not enough, why not?

Hint: You can enquire about applying for additional cover.

Question?

Is there a Death Beneficiary listed on my superfund, and is the beneficiary a legally "valid" one?

Relationship	
Spouse Child Interdependant Financial dependant Legal personal representative (executor or administrator of your estate	



Hint: To be valid, your listed beneficiary must fit into one of these categories. If unsure, check your superfund's beneficiary form which will describe what each category means.



Notes

Day	:
/	

Date & Month:







Lesson 5

Estate Planning

1. Have you nominated a Death Beneficiary on your superannuation account?

Hint:

Q-

To be valid, your listed beneficiary must fit into one of these categories.

Relationship

- Spouse
- Child
- Interdependant
- Financial dependant[†]
- Legal personal representative (executor or administrator of your estate)



Is this nomination still what I want?

Yes / No

If "No Nomination" has been made or you want to change your nomination, contact your Superfund for a Death Nomination form and complete (or obtain online).

2. Do I have a current will in place? Yes / No

If YES,

- Re-read the Will to make sure it reflects my current circumstances and wishes.
- Do important family members know where to find my Will?

Vanne 700

esson 5 ... continued

Estate Planning



If NO.

- Put an hour aside to think about what your wishes are beforehand, so your family doesn't have to "guess" and "stress" during a difficult time. Do something now.
- Once you are clear about what your wishes are, you can take steps to legally put a Will in place.

3. Do I have a current Power of Attorney in place?

Hint:



A POWER OF ATTORNEY is a legal document that allows a person to nominate someone else to act as their decision-maker to manage financial and property decisions on their behalf, while they are still alive.



Are my circumstances complex enough for me to need a Power of Attorney in place?

Yes / No

I DON"T KNOW???

Working through the process of putting a Will in place may help you decide. Lawyers who prepare Wills will often organise Powers of Attorney too, as a 'bundle'.



Notes

Day	•
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140163	Date & Month:
-	





"I GROW WEALTH SO...
I can protect myself
and others."



"When I learn how money works, I learn how to protect myself and my people."

"I use my finances to protect others from being abused."

"I care for mob by protecting them from financial abuse."

Lesson 6

Risk/ Insurance Matters



1. Do I have sufficient insurance cover "Safety Net" for me, my family, my business?

Type of Insurance	Ø	Insurance Type	Name of Insurer	Sum Insured	Premium cost?
Car		Third Party only			
		Comprehensive			
House		not applicable			
House contents		not applicable			
Personal insurance*		Death / Life Cover*			
		Total & Permanent Disability*			
		Income Protection*			
Business Insurance/s					

^{*} these insurances may be within your superannuation fund





TAKE ACTION...

...check to see if any of your assets (like a car or a house), have money owing on them, aka "Debt"

It may be compulsory for you to have insurance cover to protect that item.

Unsure? Go check on these policies/loans:

ASSET/ITEM WITH MONEY OWING ON IT	INSURANCE REQUIRED?

- 3. If there are gaps in insurance cover where you choose to "self-insure" (rather than transferring the risk to the insurer by paying regular premiums), then are you able to put money aside for an Emergency Fund for you and your family? Yes / No If YES,
 - If yes, then I will do this.....

(Example: Open a separate bank account with XXX bank, and set up an auto-transfer of \$20 per fortnight each, from myself and my partner's bank account)

Notes

Day:		
Date	2.	Month

110103	Date & Month:
<u></u>	





"I GROW WEALTH SO...
I can grow my
capacity to care
for others."

"When I have stable finances I can give from a place of calm and stability. This helps those I give to experience stability too."

"I am a
cycle breaker.
Generational
Poverty
will end with me."

"I care for mob by caring about my finances."





income	amount
	\$
	\$
	\$
	\$



expenses	budget	actual amount
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$
	\$	\$

total

leftover





date	item amount	date	item	amount
1 1	/\$	1 1		/\$
11	/\$	11		/\$
11	/\$	11		/\$
11	/ \$	11		/ \$
11	/\$	11		/\$
11	/ \$	11		/ \$
11	/\$	11		/\$
11	/\$	11		/\$
11	/\$	11		/\$
11	/\$	1 1		/ \$
11	/\$	11		/\$
11	/\$	1 1		/ \$
1 1	/\$	11		/\$
11	/\$	11		/\$
11	/\$	11		/\$
11	/\$	11		/\$
11	/\$	11		/\$
1 1	/\$	11		/\$
11	/\$	11		/\$
1 1	/\$	1 1		/ \$
1 1	/\$	11		/\$
1 1	/\$	11		/\$
1 1	/\$	11		/\$
1 1	/\$	11		/\$
11	/\$	11		/\$
1 1	/\$	1 1		/ \$
1 1	/\$	11		/\$
1 1	/\$	1 1		/\$
1 1	/\$	1 1		/\$

30 Days

\$200 Challenge

\$10	\$1	\$5	\$9	\$7
\$4	\$13	\$2	\$6	\$8
\$5	\$1	\$10	\$12	\$4
\$3	\$10	\$12	\$5	\$8
\$11	\$14	\$3	\$15	\$7
\$12	\$1	\$6	\$4	\$2



Congratulations!



start

My Saving Jar



July	August
September	October
November	December
	• • •
	• • •
Notes	

January	February
March	April
May	June
tes	



Monthly Planner

1	2	3	4	5	6	7
8	9	10	. 11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
					1 1 1	
29	30	31		- 11 14		
					0.00	

Coals				Monthly Reflection	
9-				* What did go well?	
				* What did not go so well?	
-				* What can be improved?	
Notes					
01=					
				* What am I grateful for?	
				1	
				* How could next month be better?	



	Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6;00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							





The wheel of life is a great tool that helps you better understand what you can do to make your life more balanced. Think about the 8 life categories below, and rate them from 1 - 10.



Physical Self Care

Mental Self Care

Got Enough Sleep Eat healthy Balanced Diet Get Regular Exercise See a Healthcare Provider when needed	Take time to relax Joy and Fulfillment in activities Support System Practice Mindfullness Stay present in the moment
note:	note:

Social Self Care

Spiritual Self Care

	У	n
Strong and Supportive Relationship with friends and family	0	0
Make time for social activity	0	0
Set Boundaries	0	0
Say no when necessary	0	0
note:		

	У	n
Have a sense of purpose and meaning in your life	0	0
Practice self-reflection and mindfulness	0	0
Have a sense of connection to something larger than yourself	0	0
note:		

SELF-CARE STRATEGIES

It's harder to plan when you're overwhelmed or in a crisis. However, planning for challenges before they happen gives you insight into the best and most sustainable options for you to rest and recharge your batteries. Also, each day, proactively taking care of yourself in small ways helps you be better prepared for challenges or unforeseen circumstances.

THINGS I CAN DO EACH DAY THAT WILL MAKE ME FEEL GOOD ABOUT MYSELF WHAT I SHOULD SAY TO MYSELF WHEN I AM HAVING A DIFFICULT TIME



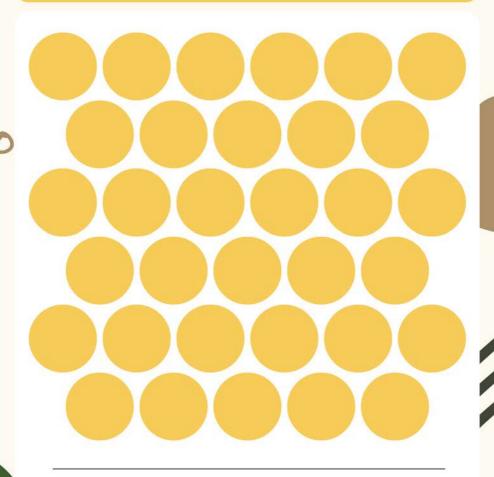


Effective stress management can be incorporated into your daily and weekly routines. Research has shown that the following can affect your health and wellbeing: Relaxation Skills, Food Choices, Physical Activity, and Spirituality/Connection. Write down options that seem right for you, your values, priorities, resources, and lifestyle.

relaxation practice difficult for me food choices difficult for me physical activity difficult for me connection/spirituality difficult for me

Mood Tracker

month/year:











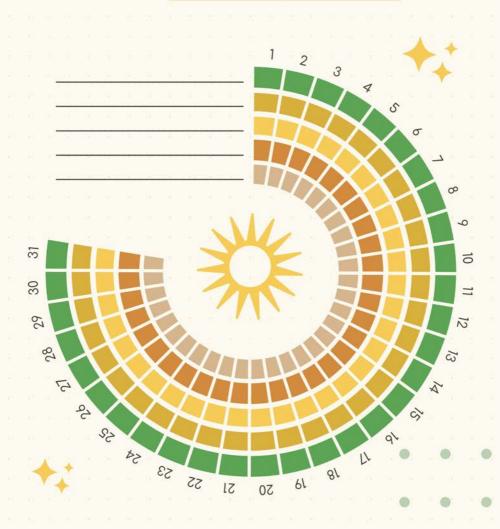






Habit Tracker

"Our habits shape who we are."







Rich Blak Women Podcast - First Nations Foundation

https://open.spotify.com/show/0U7riABhBGKZdHq7uXlIVm

She's on the money - Victoria Devine

https://www.shesonthemoney.com.au/podcast

My Millennial Money - Glen James

https://shows.acast.com/my-millennial-money



FACEBOOK GROUPS

Indigenous Women's Financial Wellness Network - First Nations Foundation

https://www.facebook.com/groups/indigenouswomensfinancialwellness

Black Women Building Wealth

https://www.facebook.com/profile.php?id=100044647864345

Real women building wealth

https://www.facebook.com/groups/2432436450318893



How to be too Deadly with Money: 8 Tips for Getting your Money Sorted, First Nations Foundation

https://tomorrowmoney.co/ebook/

Managing Money Guide - Westpac Davidson Institute

https://davidsoninstitute.education/community/first-nationspeople/managing-money-guide/

Becoming Credit Healthy - Westpac Davidson Institute

https://davidsoninstitute.education/personal/healthy-money-habits/becoming-credit-healthy/

WESTES

The Money Smart government website provides helpful tools and resources:

https://moneysmart.gov.au/

She's on the Money

https://www.shesonthemoney.com.au/



My Money Plan Video - Westpac Davidson Institute

https://davidsoninstitute.education/community/first-nationspeople/my-money-plan/

Australian Finance Podcast - on YouTube

https://www.youtube.com/@RaskFinance https://www.rask.com.au/

Money Boss Mama

https://www.youtube.com/@DyanaMariie/about



COURSES



Finance courses for all (Free, Australia)

https://education.rask.com.au/all-courses/

Example:

https://education.rask.com.au/courses/free-property-course/



The Barefoot Investor, Scott Pape

https://www.barefootinvestor.com/books

4 books by Victoria Devine:

She's on the Money
She's on the Money Budget Journal
Investing with She's on the Money
Property with She's on the Money
https://www.shesonthemoney.com.au/books

Girls just Wanna have Funds: A Feminist Guide to Investing Emma due Bitz, Camilla Falkenberg, Anna Sophie Hartvigsen https://www.fintechfutures.com/library/girls-just-wanna-have-

https://www.fintechfutures.com/library/girls-just-wanna-havefunds-a-feminists-guide-to-investing/



ARTICLES



Make your Money Work Hard for You

https://www.smh.com.au/money/saving/working-hard-for-the-money-make-it-work-hard-for-you

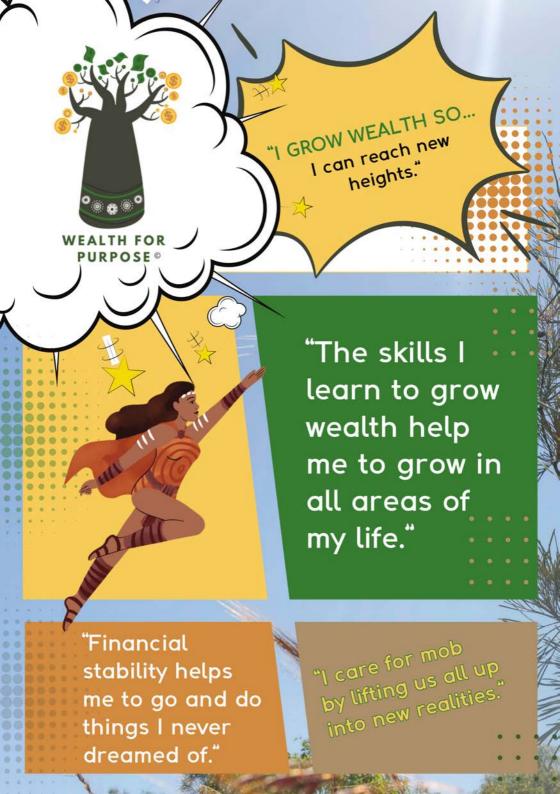
Tips for Avoiding Online Shopping Scams

https://www.9news.com.au/national/a-good-deal-or-too-good-to-be-true-fake-online-websites-luring-shoppers/

10 Best Money Management Apps for Australians (2023 Update)

https://www.frugalandthriving.com.au/money-apps-australia/







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